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My Lenten Promises



Lent is a time of prayer and fasting. It is a time to prepare to celebrate Jesus' Easter victory over sin and death.

Directions: Below are some common Lenten practices. Write them in the puzzle.

			•••	•••	•
engage in fasting	g renew Baptism	vows	pray for fo	orgiveness	
confess personal sins	go to Mass often	read	the Bible	serve the poor	
			•••		
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Write how you promise to prepare for Easter during Lent.

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Name	Date

Lent

A. Circle the letter of the choice that best completes each sentence.

- 1. Lent lasts for about
 - **a.** 20 days.
- **b.** 30 days.
- **c.** 40 days.
- **d.** 50 days.

SESSION **ASSESSMENT**

- **2.** Lent prepares us to
 - a. renew our own Baptism.
 - **b.** remember Jesus' Death.
- **3.** Lent begins on
 - **a.** Ash Wednesday.
 - **b.** Holy Thursday.
- **4.** Lent ends on
 - **a.** Ash Wednesday.
 - **b.** Holy Thursday.
- **5.** The Holy Spirit led Jesus
 - **a.** into the wilderness.
 - **b.** into temptation.
- **6.** After Jesus had fasted, he was tempted by
 - **a.** the Holy Spirit.
 - **b.** an angel.
- **7.** The Devil told Jesus to
 - a. turn water into wine.
 - **b.** save Mary from danger.
- **8.** After resisting temptation, Jesus was
 - **a.** exhausted.
 - **b.** visited by angels.
- **9.** The temptation of Jesus
 - **a.** holds an important lesson for us.
 - **b.** reminds us to follow God's way.
- **10.** During Lent we
 - **a.** pray and fast.
 - **b.** make sacrifices.

- **c.** celebrate Jesus' Resurrection.
- **d.** do all of these.
- **c.** Good Friday.
- d. Holy Saturday.
- **c.** Good Friday.
- d. Holy Saturday.
- c. along a river.
- **d.** onto a mountain.
- c. the Devil.
- **d.** all of these.
- **c.** turn stones into bread.
- **d.** do all of these.
- **c.** ready to gather the disciples.
- **d.** unable to return home.
- **c.** remind us to resist temptation.
- **d.** does all of these.
- **c.** provide for those who are poor.
- **d.** do all of these.

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B. What did Jesus demonstrate by r	resisting temptation in the wilderness?	
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C. What do you do when you are to	empted by something?	

161