

Name \_\_\_\_\_ Date \_\_\_\_\_

**SACRED  
SCRIPTURE**



**SESSION 13**

# 1 John 1:5–10

*When we make good choices, we walk in God's light.*

**Directions:** Locate 1 John 1:5–10 in the Bible and read it silently. Think of someone you know who walks in God's light. Complete the sentence to tell about this person. Then draw a picture of him or her.

\_\_\_\_\_ walks in God's light because  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.



# Resisting Capital Sins

*Capital Sins prevent us from following God's plan for us.*

**Directions:** Read the sinful actions on the chart. In the first space, write whether the action is an example of pride, sloth, or envy. Then write something you can do instead.

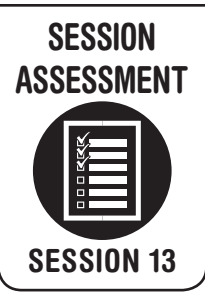
Action	Sin	What I Can Do Instead
1. Sleep late while my family goes to church.		
2. Beg Mom for a bike like Billy's.		
3. Tell everyone how smart I am.		
4. Complain that our house isn't as big as our neighbor's house.		
5. Talk to a friend during Mass.		
6. Laugh at the other team when we beat them.		



## Session 13 Assessment

A. Circle the letter of the choice that best completes each sentence.

- An example of a Capital Sin is
  - envy.
  - stealing.
  - contrition.
  - famine.
- Not caring about our spiritual development is the sin of
  - envy.
  - jealousy.
  - sloth.
  - lust.
- Our desire to repent is called
  - contrition.
  - mercy.
  - forgiveness.
  - conscience.
- An inability to express humility is called
  - anger.
  - lust.
  - gluttony.
  - pride.
- Capital Sins
  - will bring about more serious sins.
  - include sloth, pride, and anger.
  - lead us away from God.
  - are all of these.
- Confessing our sins reminds us how much we need
  - God's mercy.
  - the grace to forgive others.
  - God's forgiveness.
  - all of these.
- If we repent only because we are afraid of punishment, we have
  - imperfect contrition.
  - perfect contrition.
  - no conscience.
  - Original Sin.
- A decision to turn away from God by doing something we know is seriously wrong is
  - imperfect contrition.
  - forgiveness.
  - a mortal sin.
  - a venial sin.



# Session 13 Assessment

B. What can we do to celebrate God’s forgiveness if we did something wrong?

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C. We sometimes get angry or want something badly. At what point do each of these turn into the sins of anger and covetousness? To which more serious sins could each of these lead?

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